

# INCLUSIVE - ACTIVE - PURPOSEFUL EMPOWERING



It has been a fantastic start to Term 2 in Secondary PE, with our KS3 students engaging enthusiastically across two key activity areas: Striking and Fielding Games and Net/Wall Games. Through these units, students are developing a broad range of physical skills while also embedding the core values at the heart of our concept-driven PE vision.

A consistent message runs through every lesson: PE is for everyone. Our aim is to ensure that all students feel confident, included, and motivated to take part, regardless of experience or ability. By focusing on enjoyment, effort, teamwork, and understanding health, we hope to inspire a lifelong love for physical activity and positive wellbeing.

At KS4 and KS5, students are currently participating in basketball, football, and netball across three groups. We are committed to continuing to broaden the activity offer as the year progresses, ensuring lessons remain diverse, engaging, and purposeful, while maximising participation and student voice.

A huge well done to all of our students for their enthusiasm and commitment in PE lessons this term. A special thank you goes to our KS4 and KS5 students and Sports Prefects, who have taken the time to share thoughtful feedback and ideas with the PE department. We truly value this collaborative approach, as it helps us continually improve lessons and create the best possible PE experience for everyone.

“Success isn’t given. It’s earned – through effort, attitude, and the willingness to keep improving.”

We’re looking forward to an exciting and active term ahead and thank students and parents for their continued support of PE and school sport at Braeburn.

PE Team

# Jan-Feb 2026

# Upcoming Fixtures

# & Events

We have an exciting and busy period ahead, providing valuable competitive and leadership opportunities for our students:



24th January – Re-scheduled U13 Boys Football Tournament at HOPAC School --🏆 Best of luck to BDIS



31st January – Re-scheduled U18 Boys & Girls Football Tournament at HOPAC School



🤝 27th January – Heads of Sport Meeting hosted by Braeburn  
The aim of this meeting is to establish a clear structure for the DISL Sports Circuit, improving communication between schools and increasing competitive opportunities for our students.



🏊 Monday 9th February – Inter-House Swimming Gala



🏐 Friday 13th February – Inter-House Matball

